

## Who Is Śrīla Prabhupāda

His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda, affectionately called Śrīla Prabhupāda, is the Founder-Ācārya (spiritual master) of the International Society for Krishna Consciousness (ISKCON). He set out from India in 1965 with only meager belongings and a few volumes of ancient Vedic texts, ready to transmit their timeless spiritual teachings to the West. Soon, from a small storefront temple in New York City, a movement blossomed all over the world. In twelve years Śrīla Prabhupāda circled the globe fourteen times, met scholars and statesmen, and inspired men and women from all walks of life to take to Krishna consciousness. Temples, schools, restaurants, and farm communities developed under his guidance.

## What Is ISKCON

The International Society for Krishna Consciousness (ISKCON) is a worldwide movement founded by His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda, dedicated to the philosophy and practice of Krishna consciousness, also known as bhakti-yoga. In this monotheistic practice, the Absolute Truth, the source of all life, is understood to be a person. One of His many names is Krishna, meaning "all-attractive." The foundational tenets of bhakti-yoga are that we are spiritual beings, infinitesimal parts of Krishna, who are meant to connect with Him in love and devotion. We practice mantra meditation (the chanting of Krishna's holy names) as the principal means to connect with God.

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# Temple Songbook



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INTERNATIONAL SOCIETY FOR KRISHNA CONSCIOUSNESS
FOUNDER-ĀCĀRYA HIS DIVINE GRACE A. C. BHAKTIVEDANTA SWAMI PRABHUPĀDA

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## Śrīla Prabhupāda Praṇāmas

**nama oṃ viṣṇu-pādāya**
**kṛṣṇa-preṣṭhāya bhū-tale**
**śrīmate bhaktivedānta-**
**svāmin iti nāmine**

*I offer my respectful obeisances unto His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda, who is very dear to Lord Kṛṣṇa, having taken shelter at His lotus feet.*

**namas te sārasvate deve**
**gaura-vāṇī-pracāriṇe**
**nirviśeṣa-śūnyavādi-**
**pāścātya-deśa-tāriṇe**

*Our respectful obeisances are unto you, O spiritual master, servant of Sarasvatī Gosvāmī. You are kindly preaching the message of Lord Caitanyadeva and delivering the Western countries, which are filled with impersonalism and voidism.*

## Pañca-tattva Mahā-mantra

**(jaya) śrī-kṛṣṇa-caitanya**
**prabhu nityānanda**
**śrī-advaita gadādhara**
**śrīvāsādi-gaura-bhakta-vṛnda**

*I offer my obeisances unto Śrī Kṛṣṇa Caitanya, Nityānanda Prabhu, Śrī Advaita, Gadādhara, Śrīvāsa, and all the followers of Lord Caitanya.*

## Hare Kṛṣṇa Mahā-mantra

**HARE KṚṢṆA HARE KṚṢṆA**
**KṚṢṆA KṚṢṆA HARE HARE**
**HARE RĀMA HARE RĀMA**
**RĀMA RĀMA HARE HARE**

*The transcendental vibration established by the chanting of the Hare Kṛṣṇa mahā-mantra is the sublime method for reviving our transcendental consciousness. The word Hare is the form of addressing the energy of the Lord, and the words Kṛṣṇa and Rāma are forms of addressing the Lord Himself. Kṛṣṇa means the all-attractive and Rāma means the supreme pleasure. The mantra means "Please engage me in Your loving devotional service."*

*Morning Worship Ceremony*
## Maṅgala-ārati

5:00 am

### Śrī Śrī Gurv-aṣṭaka
*Maṅgala-ārati song*
*by Śrīla Viśvanātha Cakravartī Ṭhākura*

1

**saṃsāra-dāvānala-līḍha-loka-**
**trāṇāya kāruṇya-ghanāghanatvam**
**prāptasya kalyāṇa-guṇārṇavasya**
**vande guroḥ śrī-caraṇāravindam**

*The spiritual master is receiving benediction from the ocean of mercy. Just as a cloud pours water on a forest fire to extinguish it, so the spiritual master delivers the materially afflicted world by extinguishing the blazing fire of material existence. I offer my respectful obeisances unto the lotus feet of such a spiritual master, who is an ocean of auspicious qualities.*

2

**mahāprabhoḥ kīrtana-nṛtya-gīta-**
**vāditra-mādyan-manaso rasena**
**romāñca-kampāśru-taraṅga-bhājo**
**vande guroḥ śrī-caraṇāravindam**

*Chanting the holy name, dancing in ecstasy, singing, and playing musical instruments, the spiritual master is always gladdened by the saṅkīrtana movement of Lord Caitanya Mahāprabhu. Because he is relishing the mellows of pure devotion within his mind, sometimes his hair stands on end, he feels quivering in his body, and tears flow from his eyes like waves. I offer my respectful obeisances unto the lotus feet of such a spiritual master.*

3

**śrī-vigrahārādhana-nitya-nānā-**
**śṛṅgāra-tan-mandira-mārjanādau**
**yuktasya bhaktāṃś ca niyuñjato 'pi**
**vande guroḥ śrī-caraṇāravindam**

*The spiritual master is always engaged in the temple worship of Śrī Śrī Rādhā and Kṛṣṇa. He also engages his disciples in such worship. They dress the Deities in beautiful clothes and ornaments, clean Their temple, and perform other similar worship of the Lord. I offer*

**namas te sārasvate deve**
**gaura-vāṇī-pracāriṇe**
**nirviśeṣa-śūnyavādi-**
**pāścātya-deśa-tāriṇe**

*Our respectful obeisances are unto you, O spiritual master, servant of Sarasvatī Gosvāmī. You are kindly preaching the message of Lord Caitanyadeva and delivering the Western countries, which are filled with impersonalism and voidism.*

*An initiated devotee says the praṇāma mantra of his own spiritual master first, then these.*

TO LORD CAITANYA

**namo mahā-vadānyāya**
**kṛṣṇa-prema-pradāya te**
**kṛṣṇāya kṛṣṇa-caitanya-**
**nāmne gaura-tviṣe namaḥ**

*O most munificent incarnation! You are Kṛṣṇa Himself appearing as Śrī Kṛṣṇa Caitanya Mahāprabhu. You have assumed the golden color of Śrīmatī Rādhārāṇī, and You are widely distributing pure love of Kṛṣṇa. We offer our respectful obeisances unto You.*

TO LORD KṚṢṆA

**namo brahmaṇya-devāya**
**go-brāhmaṇa-hitāya ca**
**jagad-dhitāya kṛṣṇāya**
**govindāya namo namaḥ**

*Let me offer my respectful obeisances unto Lord Kṛṣṇa, who is the worshipable Deity for all brahminical men, who is the well-wisher of cows and brāhmaṇas, and who is always benefiting the whole world. I offer my repeated obeisances to the Personality of Godhead, known as Kṛṣṇa and Govinda.*

### AFTER THE OFFERING

1. Leave the plate before the Lord for some minutes, chanting the Hare Kṛṣṇa mahā-mantra softly, and offer obeisances.
2. Take the plate down, return the offered food to the pots, and wash the Lord's plate, cup and spoon.
3. Everything offered is now *prasādam*, the Lord's mercy: honor it with the Mahā-prasādam prayer and Prasāda-sevāya, and share it with everyone.





*my respectful obeisances unto the lotus feet of such a spiritual master.*

4

**catur-vidha-śrī-bhagavat-prasāda-**
**svādv-anna-tṛptān hari-bhakta-saṅghān**
**kṛtvaiva tṛptiṃ bhajataḥ sadaiva**
**vande guroḥ śrī-caraṇāravindam**

*The spiritual master is always offering Kṛṣṇa four kinds of delicious food [analyzed as that which is licked, chewed, drunk, and sucked]. When the spiritual master sees that the devotees are satisfied by eating bhagavat-prasāda, he is satisfied. I offer my respectful obeisances unto the lotus feet of such a spiritual master.*

5

**śrī-rādhikā-mādhavayor apāra-**
**mādhurya-līlā guṇa-rūpa-nāmnām**
**prati-kṣaṇāsvādana-lolupasya**
**vande guroḥ śrī-caraṇāravindam**

*The spiritual master is always eager to hear and chant about the unlimited conjugal pastimes of Rādhikā and Mādhava, and Their qualities, names, and forms. The spiritual master aspires to relish these at every moment. I offer my respectful obeisances unto the lotus feet of such a spiritual master.*

6

**nikuñja-yūno rati-keli-siddhyai**
**yā yālibhir yuktir apekṣaṇīyā**
**tatrāti-dākṣyād ati-vallabhasya**
**vande guroḥ śrī-caraṇāravindam**

*The spiritual master is very dear, because he is expert in assisting the gopīs, who at different times make different tasteful arrangements for the perfection of Rādhā and Kṛṣṇa's conjugal loving affairs within the groves of Vṛndāvana. I offer my most humble obeisances unto the lotus feet of such a spiritual master.*

7

**sākṣād-dharitvena samasta-śāstrair**
**uktas tathā bhāvyata eva sadbhiḥ**
**kintu prabhor yaḥ priya eva tasya**
**vande guroḥ śrī-caraṇāravindam**

*The spiritual master is to be honored as much as the Supreme Lord, because he is the most confidential servitor of the Lord. This is ac-*

*knowledged in all revealed scriptures and followed by all authorities. Therefore I offer my respectful obeisances unto the lotus feet of such a spiritual master, who is a bona fide representative of Śrī Hari [Kṛṣṇa].*

8

**yasya prasādād bhagavat-prasādo**
**yasyāprasādān na gatiḥ kuto 'pi**
**dhyāyan stuvaṃs tasya yaśas tri-sandhyaṃ**
**vande guroḥ śrī-caraṇāravindam**

*By the mercy of the spiritual master one receives the benediction of Kṛṣṇa. Without the grace of the spiritual master, one cannot make any advancement. Therefore, I should always remember and praise the spiritual master. At least three times a day I should offer my respectful obeisances unto the lotus feet of my spiritual master.*

## Śrī Nṛsiṃha Praṇāma

**namas te narasiṃhāya**
**prahlādāhlāda-dāyine**
**hiraṇyakaśipor vakṣaḥ-**
**śilā-ṭaṅka-nakhālaye**

**ito nṛsiṃhaḥ parato nṛsiṃho**
**yato yato yāmi tato nṛsiṃhaḥ**
**bahir nṛsiṃho hṛdaye nṛsiṃho**
**nṛsiṃham ādiṃ śaraṇaṃ prapadye**

*I offer my obeisances to Lord Narasiṃha who gives joy to Prahlāda Mahārāja and whose nails are like chisels on the stonelike chest of the demon Hiraṇyakaśipu. Lord Nṛsiṃha is here and also there. Wherever I go Lord Nṛsiṃha is there. He is in the heart and is outside as well. I surrender to Lord Nṛsiṃha, the origin of all things and the supreme refuge.*

**tava kara-kamala-vare nakham**
**adbhuta-śṛṅgaṃ**
**dalita-hiraṇyakaśipu-tanu-bhṛṅgam**
**keśava dhṛta-narahari-rūpa jaya jagadīśa hare**

*O Keśava! O Lord of the universe! O Lord Hari, who have assumed the form of half-man, half-lion! All glories to You! Just as one can easily crush a wasp between one's fingernails, so in the same way the body of the wasplike demon Hiraṇyakaśipu has been ripped apart by the wonderful pointed nails on Your beautiful lotus hands.*





- Tulasī Mahārāṇī: **oṃ tulasyai namaḥ**
- Śrīla Prabhupāda: **oṃ parama-gurave namaḥ**
- Guru Mahārāja: **aiṃ gurave namaḥ**

*Simplified option: "Please accept this offering of [the item]."*

### COMPLETION

1. Blow the conch three times.
2. Distribute the *arghya* and the flower *prasāda*.
3. Chant the *prema-dhvani* prayers if called for.
4. Offer *praṇāmas* with joined palms.
5. Clean up, and offer final *daṇḍavats*.

## How to Offer Bhoga

*the offering of food to the Lord, in brief*

### PREPARATION

1. Cook in a clean kitchen, with a clean body and a clean mind, for the Lord's pleasure. Taste nothing while cooking; the Lord tastes first.
2. Use only what the Lord accepts: grains, fruits, vegetables, milk preparations, sweets. No meat, fish or eggs, and no onion, garlic or mushrooms.
3. Keep a plate, a cup and a spoon for the Lord's use alone, never eaten from by anyone.
4. Put a portion of each preparation on the Lord's plate, with a cup of fresh water, and a *tulasī* leaf on each preparation when available.
5. Bathe, or at least wash the hands, feet and mouth, and perform *ācamana*.

### THE OFFERING

Set the plate before the Deities, or before pictures of Śrīla Prabhupāda, Lord Caitanya and Śrī Śrī Rādhā-Kṛṣṇa. Ring the bell with the left hand. Bowing down, ask the spiritual master to accept the offering and present it to the Lord, and say each of the following prayers three times.

TO ŚRĪLA PRABHUPĀDA

**nama oṃ viṣṇu-pādāya**
**kṛṣṇa-preṣṭhāya bhū-tale**
**śrīmate bhaktivedānta-**
**svāmin iti nāmine**

*I offer my respectful obeisances unto His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda, who is very dear to Lord Kṛṣṇa, having taken shelter at His lotus feet.*

2. Offer *daṇḍavats* to your guru and to Śrīla Prabhupāda, and request permission to serve.
3. Arrange the items (odd numbers preferred): incense; a ghee or camphor lamp of five or more wicks; a conch with water (*arghya*); a cloth or handkerchief; flowers; a *cāmara*; a peacock fan in warm weather; a bell; a conch for blowing.
4. Purify each item by sprinkling a few drops of water on it before offering.

### ORDER OF OFFERING (FULL ĀRATI)

Blow the conch three times. Ring the bell in the left hand, held above the waist. Offer each item clockwise with the right hand, attentively and gracefully: first to your guru (three to seven circles), then to Śrīla Prabhupāda, then to the main Deities (the full circles), then to the associates and the *paramparā* (three to seven circles), then to the assembled devotees (one to three circles).

| Item | Circles | Upacāra-mantra, then the mūla-mantra |
|---|---|---|
| Incense | 7 around the whole body | *eṣa dhūpaḥ* |
| Camphor | as the ghee lamp | *eṣa nīrājanam* |
| Ghee lamp | 4 to the feet, 2 to the navel, 3 to the head, 7 around the whole body | *eṣa dīpaḥ* |
| Water in the conch | 3 to the head, 7 around the whole body; pour a little into the throw-out pot | *idaṃ arghyam* |
| Cloth | 7 around the whole body | *idaṃ vastram* |
| Flowers | 7 around the whole body | *etāni puṣpāṇi*; *idaṃ puṣpam* for a single flower |
| Cāmara | wave before the Lord a suitable number of times | *eṣa cāmara-sevā* |
| Fan (vyajana) | wave before the Lord a suitable number of times | *eṣa vyajana-sevā* |

### MŪLA-MANTRAS

- Kṛṣṇa: **klīṃ kṛṣṇāya namaḥ**
- Rādhārāṇī: **śrīṃ rāṃ rādhikāyai svāhā**
- Gaurāṅga Mahāprabhu: **klīṃ gaurāya namaḥ**
- Nityānanda Prabhu: **klīṃ deva-jāhnavī-vallabhāya namaḥ**





*Tulasī Worship and Japa*

## Tulasī-ārati and japa

5:30 am

## Tulasī Pūjā

TULASĪ PRAṆĀMA

**vṛndāyai tulasī-devyai**
**priyāyai keśavasya ca**
**viṣṇu-bhakti-prade devi**
**satyavatyai namo namaḥ**

*I offer my repeated obeisances unto Vṛndā, Śrīmatī Tulasī Devī, who is very dear to Lord Keśava. O goddess, you bestow devotional service to Lord Viṣṇu and you possess the highest truth.*

1

**namo namaḥ tulasī kṛṣṇa-preyasi namo namaḥ**
**rādhā-kṛṣṇa-sevā pābo ei abhilāṣī**

*O Tulasī, beloved of Kṛṣṇa, I bow before you again and again. My desire is to obtain the service of Śrī Śrī Rādhā and Kṛṣṇa.*

2

**je tomāra śaraṇa loy, tāra vāñchā pūrṇa hoy**
**kṛpā kori' koro tāre vṛndāvana-vāsi**

*Whoever takes shelter of you has his wishes fulfilled. Bestowing your mercy on him, you make him a resident of Vṛndāvana.*

3

**mora ei abhilāṣa, vilāsa kuñje dio vās**
**nayane heribo sadā yugala-rūpa-rāśi**

*My desire is that you will also give me a residence in the pleasure groves of Śrī Vṛndāvana-dhāma. Thus within my vision I will always behold the beautiful pastimes of Rādhā and Kṛṣṇa.*

4

**ei nivedana dhara, sakhīra anugata koro**
**sevā-adhikāra diye koro nīja dāsī**

*I beg you to make me a follower of the cowherd damsels of Vraja. Please give me the privilege of devotional service and make me your own maidservant.*

5

**dīna kṛṣṇa-dāse koy, ei jena mora hoy**
**śrī-rādhā-govinda-preme sadā jena bhāsi**

*This very fallen and lowly servant of Kṛṣṇa prays, "May I always swim in the love of Śrī Śrī Rādhā and Govinda."*

6

**yāni kāni ca pāpāni**
**brahma-hatyādikāni ca**
**tāni tāni praṇaśyanti**
**pradakṣiṇaḥ pade pade**

*By the circumambulation of Śrīmatī Tulasī Devī all the sins that one may have committed are destroyed at every step, even the sin of killing a brāhmaṇa.*

## Śrī Vaiṣṇava Praṇāma

**vāñchā-kalpatarubhyaś ca**
**kṛpā-sindhubhya eva ca**
**patitānāṃ pāvanebhyo**
**vaiṣṇavebhyo namo namaḥ**

*I offer my respectful obeisances unto all the Vaiṣṇava devotees of the Lord. They are just like desire trees who can fulfill the desires of everyone, and they are full of compassion for the fallen conditioned souls.*

## Śrī Śrī Śikṣāṣṭaka
*by Śrī Caitanya Mahāprabhu*

1

**ceto-darpaṇa-mārjanaṃ**
**bhava-mahā-dāvāgni-nirvāpaṇaṃ**
**śreyaḥ-kairava-candrikā-vitaraṇaṃ**
**vidyā-vadhū-jīvanam**
**ānandāmbudhi-vardhanaṃ**
**prati-padaṃ pūrṇāmṛtāsvādanaṃ**
**sarvātma-snapanaṃ paraṃ vijayate**
**śrī-kṛṣṇa-saṅkīrtanam**

*Glory to the śrī-kṛṣṇa-saṅkīrtana, which cleanses the heart of all the*





6

**namo deva dāmodarānanta viṣṇo**
**prasīda prabho duḥkha-jālābdhi-magnam**
**kṛpā-dṛṣṭi-vṛṣṭyāti-dīnaṃ batānu**
**gṛhāṇeṣa mām ajñam edhy akṣi-dṛśyaḥ**

*O Lord, O Dāmodara! O Ananta! O Viṣṇu! O master! I offer my obeisances unto You. Be pleased upon me. I am a poor fool drowning in an ocean of sorrow. Please shower Your merciful glance upon me.*

7

**kuverātmajau baddha-mūrtyaiva yadvat**
**tvayā mocitau bhakti-bhājau kṛtau ca**
**tathā prema-bhaktiṃ svakāṃ me prayaccha**
**na mokṣe graho me 'sti dāmodareha**

*My dear Lord Dāmodara, once when You were playing as a naughty boy in the house of Nanda Mahārāja, You broke the box containing yogurt, and because of that, mother Yaśodā considered You an offender and tied You with rope to the household grinding mortar. At that time You delivered two sons of Kuvera, Nalakūvara and Maṇigrīva, who were staying there as two arjuna trees in the yard of Nanda Mahārāja. My only request is that by Your merciful pastimes You may similarly deliver me.*

8

**namas te 'stu dāmne sphurad-dīpti-dhāmne**
**tvadīyodarāyātha viśvasya dhāmne**
**namo rādhikāyai tvadīya-priyāyai**
**namo 'nanta-līlāya devāya tubhyam**

*O Lord Dāmodara, I offer my obeisances to the brilliantly effulgent rope which binds Your belly. I offer my obeisances to Your belly, which is the abode of the entire universe. I humbly bow down to Your most beloved Śrīmatī Rādhārāṇī, and to You, my Lord, who displays unlimited pastimes.*

## How to Do Ārati
*the procedure and the mantras, in brief*

### PREPARATION

1. Bathe, apply *tilaka*, wear clean cloth. Perform *ācamana*, sipping water three times: **oṃ keśavāya namaḥ, oṃ nārāyaṇāya namaḥ, oṃ mādhavāya namaḥ.**

*He cried and rubbed His eyes again and again with His two lotus hands. His eyes were fearful and His breathing quick and He shivered in fright. Upon His neck marked with three lines, the pearl necklace shook. To this Supreme Lord, Śrī Dāmodara, who is bound with His devotees' love, I offer my humble obeisances.*

3

**itīdṛk sva-līlābhir ānanda-kuṇḍe**
**sva-ghoṣaṃ nimajjantam ākhyāpayantam**
**tadīyeṣita-jñeṣu bhaktair jitatvaṃ**
**punaḥ prematas taṃ śatāvṛtti vande**

*Again let me offer my respectful obeisances unto the Supreme Personality of Godhead. O my Lord, I offer my obeisances hundreds and thousands of times with all affection because by Your personal pastimes You plunge the gopīs into an ocean of nectar. Appreciating Your opulence, devotees generally declare that You are always subjugated by their feelings.*

4

**varaṃ deva mokṣaṃ na mokṣāvadhiṃ vā**
**na cānyaṃ vṛṇe 'haṃ vareṣād apīha**
**idaṃ te vapur nātha gopāla-bālaṃ**
**sadā me manasy āvirāstāṃ kim anyaiḥ**

*O Lord, I do not ask You for liberation or any material facility up to the point of liberation. What I want as Your favor is that I may always think of Your form in which I see You now, as Dāmodara. You are so beautiful and attractive that my mind does not want anything besides this wonderful form.*

5

**idaṃ te mukhāmbhojam atyanta-nīlair**
**vṛtaṃ kuntalaiḥ snigdha-raktaiś ca gopyā**
**muhuś cumbitaṃ bimba-raktādharaṃ me**
**manasy āvirāstām alaṃ lakṣa-lābhaiḥ**

*O Lord, the cheeks of Your blackish lotus face, which is encircled by locks of curling hair, have become reddened like bimba fruit due to mother Yaśodā's kisses. What more can I describe than this? Millions of opulences are of no use to me, but may this vision constantly remain in my mind.*





*dust accumulated for years together and thus extinguishes the blazing fire of conditioned life, of repeated birth and death. This saṅkīrtana movement is the prime benediction for humanity at large because it spreads the rays of the benediction moon. It is the life of all transcendental knowledge, it increases the ocean of transcendental bliss, and it enables us to fully taste the nectar for which we are always anxious.*

2

**nāmnām akāri bahudhā nija-sarva-śaktis**
**tatrārpitā niyamitaḥ smaraṇe na kālaḥ**
**etādṛśī tava kṛpā bhagavan mamāpi**
**durdaivam īdṛśam ihājani nānurāgaḥ**

*O my Lord, Your holy name alone can render all benediction to living beings, and thus You have hundreds and millions of transcendental names, such as Kṛṣṇa and Govinda, in which You have invested all Your transcendental energies. There are no hard and fast rules for chanting these names. O My Lord, out of kindness You enable us to easily approach You by Your holy names, but I am so unfortunate that I have no attraction for them.*

3

**tṛṇād api sunīcena**
**taror api sahiṣṇunā**
**amāninā mānadena**
**kīrtanīyaḥ sadā hariḥ**

*One should chant the holy name of the Lord in a humble state of mind, thinking oneself lower than the straw in the street; one should be more tolerant than a tree, devoid of all sense of false prestige, and should be ready to offer all respects to others. In such a state of mind one can chant the holy name of the Lord constantly.*

4

**na dhanaṃ na janaṃ na sundarīṃ**
**kavitāṃ vā jagad-īśa kāmaye**
**mama janmani janmanīśvare**
**bhavatād bhaktir ahaitukī tvayi**

*O almighty Lord, I have no desire to accumulate wealth, nor do I desire beautiful women, nor do I want any number of followers. I only want Your causeless devotional service, birth after birth.*

5

**ayi nanda-tanuja kiṅkaraṃ**
**patitaṃ māṃ viṣame bhavāmbudhau**
**kṛpayā tava pāda-paṅkaja-**
**sthita-dhūlī-sadṛśaṃ vicintaya**

*O son of Mahārāja Nanda [Kṛṣṇa], I am Your eternal servitor, yet somehow or other I have fallen into this horrible ocean of birth and death. Please pick me up from this ocean of death and place me as one of the atoms at Your lotus feet.*

6

**nayanaṃ galad-aśru-dhārayā**
**vadanaṃ gadgada-ruddhayā girā**
**pulakair nicitaṃ vapuḥ kadā**
**tava nāma-grahaṇe bhaviṣyati**

*O My Lord, when will my eyes be decorated with tears of love flowing constantly when I chant Your holy name? When will my voice choke up, and when will the hairs of my body stand on end at the recitation of Your name.*

7

**yugāyitaṃ nimeṣeṇa**
**cakṣuṣā prāvṛṣāyitam**
**śūnyāyitaṃ jagat sarvaṃ**
**govinda-viraheṇa me**

*O Govinda! Feeling Your separation, I am considering a moment to be like twelve years or more. Tears are flowing from my eyes like torrents of rain, and I am feeling all vacant in the world in Your absence.*

8

**āśliṣya vā pāda-ratāṃ pinaṣṭu mām**
**adarśanān marma-hatāṃ karotu vā**
**yathā tathā vā vidadhātu lampaṭo**
**mat-prāṇa-nāthas tu sa eva nāparaḥ**

*I know no one but Kṛṣṇa as my Lord, and He shall remain so even if He handles me roughly by His embrace or makes me brokenhearted by not being present before me. He is completely free to do anything and everything, for He is always my worshipful Lord, unconditionally.*





*very sweetly. This kīrtana music is supremely sweet and relishable to hear.*

4

**bahu-koṭi candra jini' vadana ujjvala**
**gala-deśe bana-mālā kore jhalamala**
**śiva-śuka-nārada preme gada-gada**
**bhakativinoda dekhe gorāra sampada**

*The brilliance of Lord Caitanya's face conquers millions upon millions of moons, and the garland of forest flowers around His neck shines. Lord Śiva, Śukadeva Gosvāmī, and Nārada Muni are all there, and their voices are choked with the ecstasy of transcendental love. Thus Ṭhākura Bhaktivinoda envisions the glory of Lord Śrī Caitanya.*

FIRST REFRAIN (OPTIONAL)

**jaga-jana-mana-lobhā**
**gaurāṅger ārotik śobhā**
**jaga-jana-mana-lobhā**

SECOND REFRAIN (OPTIONAL)

**śankha bāje ghaṇṭā bāje**
**madhur madhur madhur bāje**

## Śrī Dāmodarāṣṭaka

*by Satyavrata Muni, from the Padma Purāṇa*

1

**namāmīśvaraṃ sac-cid-ānanda-rūpaṃ**
**lasat-kuṇḍalaṃ gokule bhrājamānam**
**yaśodā-bhiyolūkhalād dhāvamānaṃ**
**parāmṛṣṭam atyantato drutya gopyā**

*To the Supreme Lord, whose transcendental form is full of eternity, knowledge and bliss, whose shark-shaped earrings are swinging to and fro, who shines beautifully in Gokula, who quickly ran in fear of mother Yaśodā, but was ultimately caught—to that Supreme Lord, Śrī Dāmodara, I offer my humble obeisances.*

2

**rudantaṃ muhur netra-yugmaṃ mṛjantam**
**karāmbhoja-yugmena sātaṅka-netram**
**muhuḥ śvāsa-kampa-trirekhāṅka-kaṇṭha-**
**sthita-graivaṃ dāmodaraṃ bhakti-baddham**

*are a network of paths leading to death. Somehow we have fallen into this ocean of material sense enjoyment, and of all the senses the tongue is the most voracious and uncontrollable. It is very difficult to conquer the tongue in this world. But You, dear Kṛṣṇa, are very kind to us and have given us such nice prasādam just to control the tongue. Now we take this prasādam to our full satisfaction and glorify You—Śrī Śrī Rādhā and Kṛṣṇa—and in love call for the help of Lord Caitanya and Nityānanda.*

*Evening Worship Ceremony*

## Evening ārati

### Gaura-ārati

*Sundara-ārati*
*by Śrīla Bhaktivinoda Ṭhākura*

1

**(kiba) jaya jaya gorācānder āratiko śobhā**
**jāhnavī-taṭa-vane jaga-mana-lobhā**
**dakhiṇe nitāicānd, bāme gadādhara**
**nikaṭe adwaita, śrīnivāsa chatra-dhara**

*All glories, all glories to the beautiful ārati ceremony of Lord Caitanya. This Gaura-ārati is taking place in a grove on the banks of the Jāhnavī [Ganges] and is attracting the minds of all living entities in the universe. On Lord Caitanya's right side is Lord Nityānanda, and on His left is Śrī Gadādhara. Nearby stands Śrī Advaita, and Śrīvāsa Ṭhākura is holding an umbrella over Lord Caitanya's head.*

2

**bosiyāche gorācānd ratna-siṃhāsane**
**ārati koren brahmā-ādi deva-gaṇe**
**narahari-ādi kori' cāmara dhulāya**
**sañjaya-mukunda-bāsu-ghoṣ-ādi gāya**

*Lord Caitanya has sat down on a jeweled throne, and the demigods, headed by Lord Brahmā, perform the ārati ceremony. Narahari Sarakāra and other associates of Lord Caitanya fan Him with cāmaras, and devotees headed by Sañjaya Paṇḍita, Mukunda Datta, and Vāsu Ghoṣa sing sweet kīrtana.*

3

**śaṅkha bāje ghaṇṭā bāje bāje karatāla**
**madhura mṛdaṅga bāje parama rasāla**

*Conchshells, bells, and karatālas resound, and the mṛdaṅgas play*





*Morning Deity Greeting*

## Greeting the Deities and guru-pūjā

7:45 am

### Greeting Their Lordships

*by Lord Brahmā, Brahma-saṃhitā 5.30–31*

**veṇuṃ kvaṇantam aravinda-dalāyatākṣaṃ**
**barhāvataṃsam asitāmbuda-sundarāṅgam**
**kandarpa-koṭi-kaminīya-viśeṣa-śobhaṃ**
**govindam ādi-puruṣaṃ tam ahaṃ bhajāmi**

*I worship Govinda, the primeval Lord, who is adept in playing on His flute, with blooming eyes like lotus petals, with head decked with peacock's feather, with the figure of beauty tinged with the hue of blue clouds, and His unique loveliness charming millions of Cupids.*

**aṅgāni yasya sakalendriya-vṛtti-manti**
**paśyanti pānti kalayanti ciraṃ jaganti**
**ānanda-cinmaya-sad-ujjvala-vigrahasya**
**govindam ādi-puruṣaṃ tam ahaṃ bhajāmi**

*I worship Govinda, the primeval Lord, whose transcendental form is full of bliss, truth, substantiality and is thus full of the most dazzling splendor. Each of the limbs of that transcendental figure possesses in Himself the full-fledged functions of all the organs, and eternally sees, maintains and manifests the infinite universes, both spiritual and mundane.*

### Śrī Guru-vandanā

*Guru-pūjā song*
*by Śrīla Narottama dāsa Ṭhākura*

1

**śrī-guru-caraṇa-padma, kevala-bhakati-sadma,**
**bando mui sāvadhāna mate**
**jāhāra prasāde bhāi, e bhava toriyā jāi,**
**kṛṣṇa-prāpti hoy jāhā ha'te**

*The lotus feet of our spiritual master are the only way by which we can attain pure devotional service. I bow to his lotus feet with great awe and reverence. By his grace one can cross the ocean of material suffering and obtain the mercy of Kṛṣṇa.*

2

**guru-mukha-padma-vākya, cittete koriyā aikya,**
**ār nā koriho mane āśā**
**śrī-guru-caraṇe rati, ei se uttama-gati,**
**je prasāde pūre sarva āśā**

*My only wish is to have my consciousness purified by the words emanating from his lotus mouth. Attachment to his lotus feet is the perfection that fulfills all desires.*

3

**cakhu-dān dilo jei, janme janme prabhu sei,**
**divya jñān hṛde prokāśito**
**prema-bhakti jāhā hoite, avidyā vināśa jāte,**
**vede gāy jāhāra carito**

*He opens my darkened eyes and fills my heart with transcendental knowledge. He is my Lord birth after birth. From him ecstatic prema emanates; by him ignorance is destroyed. The Vedic scriptures sing of his character.*

4

**śrī-guru karuṇā-sindhu, adhama janāra bandhu,**
**lokanāth lokera jīvana**
**hā hā prabhu koro doyā, deho more pada-chāyā,**
**ebe jaśa ghuṣuk tribhuvana**

*Our spiritual master is the ocean of mercy, the friend of the poor, and the lord and master of the devotees. O master! Be merciful unto us. Give us the shade of your lotus feet. Your fame is spread all over the three worlds.*

OPTIONAL

**dui pade loiyā śaraṇ**
**Śrīla Prabhupāda patita-pāvana,**
**jaya Prabhupāda, jaya Prabhupāda, jaya**
**Prabhupāda, jaya Prabhupāda**
**jaya jaya Prabhupāda, Prabhupāda,**
**Prabhupāda, jaya jaya Prabhupāda**

*I take shelter of your lotus feet. Śrīla Prabhupāda, the deliverer of all fallen souls: all glories to Śrīla Prabhupāda!*





*Morning Class*

## Śrīmad-Bhāgavatam class and prasādam

8:15 am

### Jaya Rādhā-Mādhava

*by Śrīla Bhaktivinoda Ṭhākura*

**jaya rādhā-mādhava kuñja-bihārī**
**gopī-jana-vallabha giri-vara-dhārī**
**yaśodā-nandana, braja-jana-rañjana,**
**yāmuna-tīra-vana-cārī**

*Kṛṣṇa is the lover of Rādhā. He displays many amorous pastimes in the groves of Vṛndāvana, He is the lover of the cowherd maidens of Vraja, the holder of the great hill named Govardhana, the beloved son of mother Yaśodā, the delighter of the inhabitants of Vraja, and He wanders in the forests along the banks of the River Yamunā.*

### Mahā-prasādam Prayer

*before honoring prasādam*

**mahā-prasāde govinde**
**nāma-brahmaṇi vaiṣṇave**
**svalpa-puṇya-vatāṃ rājan**
**viśvāso naiva jāyate**

*O king, for those who have accumulated little pious merit, faith in mahā-prasāda, in Govinda, in the holy name, which is itself Brahman, and in the Vaiṣṇava never arises.*

### Prasāda-sevāya

*honoring prasādam*
*by Śrīla Bhaktivinoda Ṭhākura*

**śarīra abidyā-jāl, joḍendriya tāhe kāl,**
**jīve phele viṣaya-sāgore**
**tā'ra madhye jihwā ati, lobhamoy sudurmati,**
**tā'ke jetā kaṭhina saṃsāre**

**kṛṣṇa baḍo doyāmay, karibāre jihwā jay,**
**swa-prasād-anna dila bhāi**
**sei annāmṛta pāo, rādhā-kṛṣṇa-guṇa gāo,**
**preme ḍāko caitanya-nitāi**

*O Lord, this material body is a place of ignorance, and the senses*